

IS WORKPLACE STRESS GIVING YOU THE BLUES?

Do you feel stressed at work? Does your anger ever overcome you in the workplace? Does the thought of hearing your supervisor's voice send chills down your spine? You are not alone. Work-place stress affects millions of Americans daily and is one of the leading causes of coronary heart disease. Yes, it is true, Stress Kills. Visiting a mental health practitioner can help ease your stress and let you live a happier life. The skilled Clinicians at Luis Hines and Associates, P.A. are available to help you on your way to happiness.

To make an Appointment,
Call our offices at:

Miami, FL 33181
PH: (305) 895-0504
FAX: (305) 642-8850

5401 South Kirkman Rd. Ste. 310
Orlando, FL 32819
PH: (305) 895-0504
FAX: (786) 577-0647

Peachtree Offices at 1100 Midtown
1100 Peachtree Street, Suite 200
Atlanta GA, 30309
PH: (877) 897-6987

Corporate Office
2828 Coral Way, Suite 460
Coral Gables, FL 33145
PH: (305) 642-5255
FAX: (305) 642-8850

Texas Location
5718 Westheimer Rd, Suite 1000
Houston, TX 77057
PH: (877) 897-6987



DR. LUIS HINES
AND ASSOCIATES

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Employee Assistance Program (EAP)

WORKING TOWARDS
WELLNESS TOGETHER

WORKING TOWARDS WELLNESS TOGETHER

EAP benefits allow employees to seek help from mental health practitioners in order to ease work related stress and therefore create a healthier work environment. These benefits are usually covered at 100% with no cost to the employee. Please contact the Human Resources Department at your place of employment to learn about your Employee Assistance Program Benefits.

SERVICES OFFERED

- ✓ Adult Psychotherapy
- ✓ Child/Adolescent Psychotherapy
- ✓ Medication Management
- ✓ Psychological Testing
- ✓ Workman Comp
- ✓ EAP: Employee Assistance Programs
- ✓ Anger Management
- ✓ Stress Management
- ✓ Completing forms and documents for employees
- ✓ FMLA paperwork completed in 24 hours
- ✓ Support doing grievance
- ✓ Telemedicine services correspond with your provider through text as needed
- ✓ Bi-lingual Counselors

OUR STAFF

Luis C. Hines, Ph.D.

Luis C. Hines is the founder of Luis Hines and Associates, P.A. and has over 15 years of clinical and education experience with children and adults. He specializes in mood disorders, and sports psychotherapy.

Psychologists

Our psychologists at Luis Hines and Associates are able to provide an array of assessments including: Competency, parenting effectiveness, emotional/psychological functioning, ability to testify, learning disability, and employee training.

Some have been in practice for as long as 20 years and specialize in Clinical and Forensic psychology. We provide treatment for adults, couples, families, and children with mental and psychological addiction disorders.

Psychiatry

Our Psychiatrists specialize in treatment of mood and anxiety disorders, addictions and post traumatic stress disorder.

Social Workers

Our Social Workers specialize in providing individual, family, and marital counseling; addressing depression, anxiety, panic disorders, loss and grief, post-traumatic stress disorder, adjustment disorder and stress management using visualizations and meditation.

Nurse Practitioners

Specialize in providing medication management for individuals who suffer from depression, anxiety disorder, sleep disorders, and stress management to include observation of response to medication, observation for untoward effects, as well as counseling and education.

